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Interactive Best-Practice
Online Training



Programs for Teachers,
Parents, Teens and
Other Gatekeepers



Helping Educators Meet
State Training Mandates



Offering Professional
Development Credit for
New Jersey Educators



youth suicide prevention

is **everyone's** business



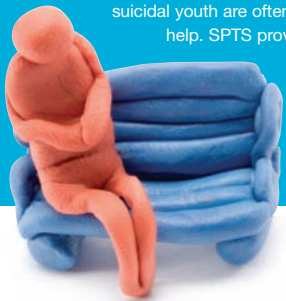
“We’re talking about millions of school-age children who are losing hope in themselves and their future. This is youth suicide: tragic, shocking, incomprehensible.”

—A. KATHRYN POWER, MEd, DIRECTOR
CENTER FOR MENTAL HEALTH SERVICES
SAMHSA, U.S. DEPARTMENT OF HEALTH
AND HUMAN SERVICES

AN OVERVIEW OF THE SOCIETY FOR THE PREVENTION OF TEEN SUICIDE



TRAPPED IN A SHELL OF LONELINESS AND ALIENATION, suicidal youth are often unable to reach out for life-saving help. SPTS provides resources that teach schools, parents and other teens how to recognize signs of risk, and extend support to help suicidal youth understand they are not alone.



RESPONDING TO THE TRAGEDY OF YOUTH SUICIDE

When a youngster makes the choice to end his or her life, the tragedy is undeniable—yet unfortunately all too common. Suicide is the third-leading cause of death for America's youths. But it is one of the most preventable forms of death, according to the U.S. Surgeon General. A vital key to saving lives is ensuring that all people who may interact with a suicidal individual can recognize the risk and know how to best respond. The Society for the Prevention of Teen Suicide (SPTS) was founded in 2005 with this principle as its cornerstone—to develop and disseminate “best-practice” public-awareness information and training materials to those who may come in contact with at-risk youths. The benefits are many—and the outcomes can save lives.

“Suicide is an attempt to solve a problem of intense emotional pain with impaired problem-solving skills.”

—JOHN KALAFAT AND MAUREEN UNDERWOOD
NATIONAL EXPERTS IN IMPLEMENTING AND EVALUATING SCHOOL-BASED SUICIDE PREVENTION PROGRAMS

MAKING EDUCATORS PARTNERS IN YOUTH SUICIDE PREVENTION™

A Best-Practice Online Interactive Training Program

Ensuring that youngsters have a strong foundation to learn is central to education. Yet a child's ability to learn can be compromised by emotional challenges that can, at their worst, lead to thoughts of suicide. That's why educators are in a powerful role to observe vulnerable youths and help connect them to resources. We're here to help with a new and acclaimed online training program for teachers that is easy, comprehensive—and free of charge.



✓ www.sptsnj.org

The best way to appreciate the robust interactivity and rich content of the SPTS “Making Educators Partners in Youth Suicide Prevention™” course is to check it out online at www.sptsnj.org. As a select program of the “Best Practices Registry” designated by the U.S. Dept. of Health and Human Services, this course offers accurate and helpful information that is tailored to both the needs and resources of the school setting.

Accolades

Launched in 2008, the SPTS “Making Educators Partners in Youth Suicide Prevention™” training course has received praise from diverse arenas—even teachers' unions who know this best-practice registry course can fulfill state education mandates in a low-impact and user-friendly way.

“Making Educators Partners in Youth Suicide Prevention™” is available only from the Society for the Prevention of Teen Suicide (SPTS) and is our flagship educational offering. A practical and user-friendly interactive training program, this two-hour course is fully accessed online at the SPTS website at www.sptsnj.org. Content addresses: benefits of suicide-awareness training for the entire school community; relevant information about youth suicide; warning signs, risk factors and protective buffers; the educator's role in identifying suicidal risk in students and making appropriate referrals; interaction strategies with students; and resources.



Quick Facts

- > A 501(C)(3) TAX-EXEMPT PUBLIC CHARITY DEDICATED TO SAVING LIVES OF YOUTH THAT WOULD BE LOST TO SUICIDE.
- > FOUNDED IN 2005 BY NEW JERSEY DADS SCOTT FRITZ AND DON QUIGLEY, WHO HAD BOTH LOST TEENAGE CHILDREN TO SUICIDE.
- > DEVELOPS SOLID PREVENTION PROGRAMS THAT ARE GROUNDED IN RESEARCH TO ENSURE STATE-OF-THE-SCIENCE APPLICABILITY.
- > CLINICAL ADVISORY BOARD COMPRISED OF NATIONAL EXPERTS IN SUICIDE PREVENTION.
- > OUR WEBSITE AT WWW.SPTS.NJ.ORG HAS HELPFUL RESOURCES FOR EDUCATORS, PARENTS AND TEENS.
- > SUPPORT OUR EFFORTS TO SAVE LIVES THROUGH AWARENESS, TRAINING AND EDUCATION WITH A TAX-DEDUCTIBLE DONATION TO SPTS, INC., BY DONATING AT WWW.SPTS.NJ.ORG/GIVING.HTML.

